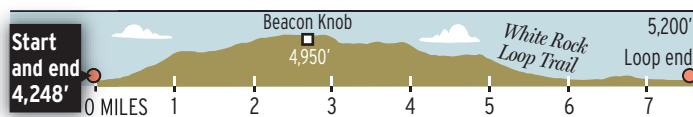


Hike of the week



From the trail, a small herd of bison graze near Beacon Knob.

Destination	Beacon Knob	Difficulty	Moderate/Strenuous
Round trip miles	7.5 miles	Dogs allowed	Yes, on leash
Hiking time	About 4 to 5 hours	Trailhead restrooms	Yes
Entrance fee	\$9 per vehicle \$4 to bike causeway	Elevation gain	702 feet

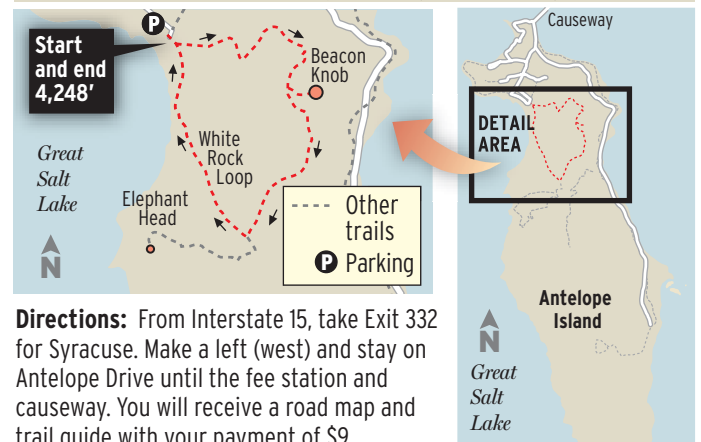


White Rock Loop Trail - Antelope Island State Park

Description: From the parking area, the trail starts at the opening in the chain-link fence. You will soon see a trail split; go left. As you hike through a patchwork of rippling grass, the trail heads east across the hillside. To the north you can see the bison corrals and the Promontory Mountains. Less than a mile in, you come to a fence where the trail curves southeast as you make your way below Beacon Knob. The trail levels out along the side of Beacon Knob. If you plan on visiting the top of Beacon Knob, watch for a road on the left. The trail continues around Beacon Knob and drops down with southern views of the island. From here the mountains of Frary Peak are south and Elephant Head is southwest. As you head toward Elephant Head you come to a sitting bench around five miles into the hike. Take a break and enjoy the view of the striking blue lake, while listening to the sounds of birds. From the bench, follow the trail heading northwest toward the shoreline to complete your loop. Carry plenty of water and insect repellent.

- Photo, text and graphic by Steve Baker(baker@sltrib.com)

Take this hike with Steve on his photo blog at blogs.sltrib.com



Directions: From Interstate 15, take Exit 332 for Syracuse. Make a left (west) and stay on Antelope Drive until the fee station and causeway. You will receive a road map and trail guide with your payment of \$9.